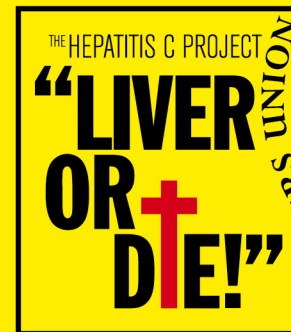


Liver or Die

A user led project and learning programme by The Swedish Drug Users Union
Financed by Public Health Agency of Sweden



Liver or Die

- *Liver or Die* is a long term hepatitis C-project with the aim to produce high quality and easily attainable information, and also to develop effective methods for peer-education among injecting drug users. The overarching goal is to heighten awareness and knowledge of hep C.
- Effective information means that information is shared among those that are at risk, and thus decrease the number of new infections and motivate people to seek treatment.
- The project targets primarily users, but also includes those working close to users. The goal is always for the betterment for users.

Liver or Die consists of a hepatitis C-portal and a learning programme.



Liver or Die – Learning programme

Learning programme – The User Academy

- **A comprehensive course** - a hepatitis C course once a year with participants being 2/3 former or active users and 1/3 profession (from clinics, etc.). The latest course was given in January this year for 21 participants.
- Participants are certified to educate other peers, either as a local course or informally.
- Participants are invited to a follow up one day course.



Liver or Die – To reflect

A user who is correctly informed and is able to inform others, is a person with exceptionally good opportunities to function as an expert.

Not only as a peer, but as an expert in the meeting with the profession.

